1. Assessment Information

<table>
<thead>
<tr>
<th>Assignment Title:</th>
<th>Assess the intersections between Post conflict trauma &amp; Peacebuilding</th>
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<tbody>
<tr>
<td>Thematic Focus:</td>
<td>Post conflict trauma and Peacebuilding</td>
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<td>Project:</td>
<td>USAID’s Promoting Peaceful Coexistence and Resilience Activity</td>
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<td>Assignment Location:</td>
<td>Northern Uganda (Districts of Gulu, Omoro, Lira and Kitgum)</td>
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<tr>
<td>Implemented by:</td>
<td>Marian Tankink, Independent MHPSS Consultant</td>
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<td>Reporting to:</td>
<td>Country Director, TPO Uganda</td>
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<td>Assignment duration:</td>
<td>10 Weeks from 2nd May -15th July 2019</td>
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2. Background

TPO Uganda with support from United States Agency for International Development (USAID) is implementing “Promoting Peaceful Coexistence and Resilience Activity in Acholi and Lango Sub-regions, Northern Uganda”. This activity implements three core interventions namely: Peace-building, Trauma healing & Psychosocial Support and Economic empowerment. These interrelated interventions respond to conflict mitigation and reconciliation program, unattended to past traumas and psychological distress; stigma and discrimination; domestic violence as well as gender based violence; inequitable access to land which is resulting into land disputes as well as economic hardships among communities living in post conflict Uganda. These problems are hindering peaceful co-existence among communities living in post conflict Uganda. To respond to these problems, the activity uses community oriented approach that works within both formal and informal traditional support structures, empowering them to play a stronger role in eliminating all forms of violence especially gender based violence and building a culture of peace and tolerance among communities. The activity has organized the leadership structures into zones, and supporting them to play a ‘watchdog’ role monitoring and reporting potential trigger points and acquiring capacity to respond and attend to disputes amicably.
Furthermore, the proposed intervention model supports the trauma and psychosocial needs of families that have not healed before such families can be enrolled into economic empowerment groups. In the groups, beneficiaries depending on the levels of vulnerability will be enrolled for Cognitive Behavioural Therapy sessions for trauma and depression; groups will also serve as platforms for community conversions on topical issues; identifying potential trigger points and planning the most appropriate courses of action to undertake.

This approach is informed by our theory of change, which is built on the hypothesis that if traditional support structures are rejuvenated and families supported to overcome past traumas and psychosocial distress; and to improve coping and reduce economic hardships then communities will regain their agency, enjoy better social functioning and be able to coexist, exercise tolerance and live in harmony.

**Objectives of the project**

1. To promote a culture of peaceful coexistence and tolerance through regular community based communication platforms that reach 5000 households annually in 6 sub counties to build positive relations among warring households and communities by the end of the project period.

2. To improve the social functioning of 7200 conflict affected households in 6 sub-counties through the provision of psychosocial care, trauma support and socioeconomic empowerment by the end of the project period.

3. To strengthen the role of traditional support structures in 6 sub counties in use of consensus based dispute resolution and capacity to deal with drivers of all forms of violence and harmful practices by the end of the project period.

**Key project result areas**

- Improved social functioning of conflict affected families
- Strengthened mechanisms for dispute resolution
- Improved awareness of peaceful co-existence and tolerance

The project is now in its final year and TPO Uganda is now seeking qualified subject matter specialists in the field of mental health and peace building, to facilitate and support the local project team, in conducting an assessment that will ascertain the interconnection between MHPSS and peace building. We believe that this assessment which will be detailed in methodology and ethnography will support the development and design of any follow on interventions. We anticipate completing the assessment by 15th July 2019.
3. Assessment Objective

The purpose of the study/assessment is to document the precise relationship and intersection between post conflict trauma and peace building interventions that are being implemented by TPO Uganda among post conflict communities in Northern Uganda.

4. Indicative Research questions

- To what extent does unhealed trauma and exposure to traumatic events that have not been processed impede peaceful coexistence and healing?

- Is it possible to do peace building work among communities that have experienced post conflict trauma without attending to these trauma needs?

- Why is post conflict trauma healing relevant in peace building?

- What community approaches can be considered promising practices for enhancing the link between post conflict trauma and peace building work?

5. Scope of the assessment

This assessment will broadly investigate and inquire into the linkages and intersection between peace building work and trauma healing. The consultant will use secondary data sources to lend credence to this argument while retaining a specific focus on post conflict northern Uganda. The consultant will oversee the collection of primary data in project locations and will be supported by the project teams. The districts of study sample will include; Gulu, Omoro, Lira and Kitgum districts. In the Sub counties of Awach, Lakwana, Agweng, Ogur, Mucwini and Namokora.

Tasks of the Consultant

The consultant will undertake the following specific tasks:

- Develop the full assessment proposal including methodology, sample size, detailed work plan and budget with time table for the whole assessment process.

- Develop research questionnaires and support any pretesting of the questionaries’ as may be determined by the project teams.

- Train and/or orient TPO field staff that will be conducting the data collection.

- Once the data collection is completed, the consultant will conduct detailed analysis of primary data.

- Propose a structure for the assessment report that best encapsulates the findings and in a manner that is informative for the target audiences.
• Propose networks with whom the assessment report can be shared.

6. **Expected deliverables**

• An inception report clearly providing the interest and capability of the consultant to undertake the assignment. The inception report will also include a section that outlines the approach that the consultant intends to undertake.

• Assessment questionaries' develop, reviewed and adapted by the project team.

• A draft outline of the structure that the consultant intends to use to write the report to be agreed upon by TPO Uganda. The report must include a set of recommendations for future project improvement.

• A complete assessment report submitted at the end of the assignment.

7. **Proposed Methodology**

Interviews with children, youth, adults; Document reviews; Focus Group Discussions with Cognitive Behavioral Therapy for Trauma groups; Key Informant Interviews with Psychiatric Clinical Officers, Community support structures, such as Village health teams, traditional leaders, peace committees, local leaders, including staff directly implementing the activity etc.

8. **Time Frame**

This assessment exercise is anticipated to commence on the 2\(^{nd}\) May and be completed by the 15\(^{th}\) July 2019.

9. **Specifications of the Consultant**

The Consultant must possess a post graduate qualification in the field of social sciences, and social protection programs. The Consultant must possess demonstrable experience of no less than 8 years, in the sectors of mental health and psychosocial support as well as peace building. They should possess above average levels of exposure working within both mental health, specifically post conflict trauma and community based mental health programming approaches. The consultant should have adequate experience in conducting assessments and evaluation studies.
10. Submission of expression of interest
Suitable consulting firms/individuals are therefore requested to submit technical and financial proposals to undertake the assessment. Expression of interest should include:

- A cover letter introducing the consultant/organization, stating their interest and describing how they meet the required skills and qualifications for the assignment.
- CVs of the consultant(s) who will deliver the assignment.
- Contact details for three references from where the consultant(s) have delivered similar assessment.
- The price offer indicating the total fee.

The proposals should be received at the TPO Uganda offices by, 30th April, 2019, 12:00 afternoon. Ugandan time. Addressed to:

The Country Director,  
TPO Uganda,  
Plot 3271, Kasanga, Off Ggaba Road  
P. O. Box 21646  
Kampala, Uganda.

Or by email to: procurement@tpoug.org